

Parent & Caregiver Education Night- Is it Worry or Anxiety?

How to Know When Your Child Needs Support

With Guest Speaker Sarah Ftaya

Wednesday, April 8th at 6:30pm
@ÉMJS in the Library



Sarah Ftaya is a registered clinical counsellor and the owner of The **Child & Family Therapy Centre Victoria**. She has been in private practice for 15 years, specializing in the treatment of childhood anxiety, OCD, and all things parenting.

At the end of this presentation you will have the tools to:

- 1) Understand the difference between worry and anxiety
- 2) Identify if your child would benefit from professional support
- 3) Identify an experienced clinician with the appropriate tools to support your family

This is a free event funded by the PAC and is open to all parents and guardians!